

# RISING HOPE

HEALTH ORIENTED PREVENTIVE EDUCATION



NEWSLETTER

DECEMBER 2009



## Chairperson's Message

Dear Friends,  
Asslam Alaikum. This issue of our newsletter highlights our Ramadan activities. By the Grace of God, HOPE had a wonderful campaign in the holy month. People from all walks of life not only donated generously, but also organizations like HSBC, CBM and the Shafath family from HOPE USA arranged iftars for the school children. Barclays Bank volunteers arranged the distribution of ration, other goods and gifts to the children and teachers of HOPE Schools. Young volunteers from various branches of City School, Jaffer Public and Beaconhouse School System distributed beautifully wrapped Eid Gifts. Through HOPE the poor communities enjoyed both Ramadan as well as Eid.  
During the past few months the construction of the Thatta School project has proceeded splendidly. Furthermore HOPE USA chapter donated a new x ray machine to the HOPE Hospital Zia Colony.  
HOPE is progressing with increasing support towards a brighter future for many deserving families, thanks to its valued friends and well-wishers.  
Dr. Mubina Agboatwala

## Editorial

Coming to the end of 2009, HOPE has successfully fulfilled its targets for the year, with the kind assistance received from its esteemed supporters.  
The Holy Month of Ramadan brought with it generous contributions for HOPE from philanthropists eager to keep to Islamic traditions that reflect God's mercy, compassion, love and generosity. Iftars were organized by HSBC Bank and Y.E.S. Distribution of groceries and Eid gifts was undertaken by Barclays Bank and leading schools associated with HOPE.  
Dr. Farid Qazi's new Rickshaw Project in collaboration with HOPE has brought about a great change in the lives of those who received this generous mode of income.  
A Polio Awareness program introduced by Rotary Club of Karachi, Cosmopolitan at HOPE School Zia Colony helped to awaken people to the dangers of this crippling disease and how they can help eradicate it.  
As always we thank our patrons for their generosity, with the help of which HOPE is steadily moving towards improving the lives of many underprivileged communities. HOPE looks forward to your continued donations.  
Mrs. Ismat Asadali  
Editor



## HOPE's- Camp Jalala

As part of the PUR team I had the opportunity to meet HOPE's chairperson Dr. Mubina Agboatwala, who has also been a long time partner of P&G Pakistan. The HOPE team has been in collaboration with P&G for the PUR project since its introduction. The initial clinical study on PUR was conducted by Dr. Agboatwala. The study revealed that the use of water treated with PUR reduces the incidence of diarrhea. Moreover with support from P&G and other sponsors, HOPE runs many schools and clinics in Karachi as well as other parts of Pakistan which have helped thousands of underprivileged students and patients.

On 17th August we traveled several hours northwest of Islamabad to reach HOPE's representative, Sohail Hussain, who led us to Camp Jalala. HOPE has been working in the camps near Mardan for a long time now. To my surprise the road to the camp was incredibly smooth and provided good security.

During the drive, I learned that this camp was the largest camp occupied during this crisis, with a population of over 300,000 at one point. As we drove into the camp, I noticed a Read School (another P&G Pakistan partner), a UNICEF child friendly zone and many UN and nonprofit sponsored hospitals and clinics along the way. It was also evident that people had started to return home and some of the sections of the camp had been closed down.

The HOPE team was excited to have me visit and we spent a great deal of time getting to know one another as this was my first exposure to them.



Project HOPE team working in Jalala Camp  
Driving towards the camp we passed through the security check-point, where I was provided a personal security guard, who escorted me on my trip. At the camp the HOPE team gathered a group of men from the nearby tents for a demonstration and as always, the water clarified perfectly. HOPE representatives take great pains to make sure that everyone understands how to use the product and dispose of the floc. Tazeem a camp dweller proudly executed the process flawlessly. This indicates that HOPE's approach is working well to reach the PUR message to the people. There after we distributed the sachets to those who witnessed the demonstration.

HOPE keeps records on families using PUR and the number of sachets distributed.

HOPE has been working in Jalala and other camps for the past three months now, and they have distributed almost 1 million PUR sachets. It is great to work with a partner like HOPE that can react quickly in an emergency situation, and in this case, to provide safe drinking water to the IDPs.

We spend about 2 hours in Camp Jalala and then headed back safely to Islamabad. I sensed a deep feeling of appreciation and thanks from all the people that we visited.

Keith Zook  
Procter & Gamble

## Ramadan: "A Time to Give"

The blessed month of Ramadan always brings about a ray of hope for the less fortunate. The economic downward spiral has altered basic necessities such as rice, wheat, sugar etc into rare and unaffordable commodities. This Ramadan, Barclays Bank focused their attention on the distribution of



groceries to the families of the students of HOPE School, Bhattiaabad. While education provides children with an opportunity to learn and develop themselves, their basic requirement of food can hardly be fulfilled by the meager income of their parents. With this in mind Barclays set out to distribute 100 boxes of groceries which would help to feed a family of 7 for a month. Prior to the distribution day, HOPE handed over tokens to the families of their students;

upon display of their token each family received a box of provisions from Barclays. The volunteering team managed the group who thronged the scene and maintained discipline.

This gesture of goodwill by Barclays Bank brought smiles to the faces of this down-trodden community and they happily carried their provisions of the month back to their humble homes.  
Salman Ahmed  
Barclays Bank



## Directors of HOPE



Mr. Tariq Niazi



Dr. Khalid Omer

## Helpers of HOPE



Headed by  
Mr. Saad Amanullah Khan



Mr. Danish Agboatwala  
U.S. HOPE Coordinator

## HSBC Iftar

The HSBC Bank sponsored an Iftar for the students of HOPE School, both formal and informal, on 12th Sept 09 at the Zia Colony Centre. A huge tent was set up in the ground adjacent to the school. About 750 children from the HOPE Schools attended the iftar. Arrangements were made to transport the children from Bhattiaabad and Mujahid Colony Home schools. Children in their best attire thronged the iftar accompanied by their teachers. It was a pleasure to see such well disciplined students. A wholesome meal awaited the little guests, comprising of samosas, rolls,



pastries etc. followed by biryani. Around 15 volunteers both males and females were there to serve these children and they blended well with the students. Volunteers from HSBC Bank, HOPE and some interns helped serving the children. It was a tough task serving so many children at one time.

Other volunteers including friends of HOPE, Mr. Mazhar Valjee and Mr. Aamir Banatwalla were also present. HOPE thanks HSBC Bank esp. Mr. Shahid Abbas, Ms. Hufresh Banaji and Ms Nayyar Rehman for sponsoring the generous iftar which sets a fine example of sharing as part of the spirit of the Holy Month.



Dr. Mubina Agboatwala

## “A Great Cause” Fahims School System

In the Holy month of Ramadan, HOPE started its campaign with different schools in the city to encourage them to join hands with HOPE to collect Zakat donations, for the needy children of the HOPE Schools network. Mrs. Ghazala Aijaz the Headmistress of the senior boys section joined hands with HOPE last year. Since then she enthusiastically arranges contributions for poor patients and needy students of HOPE.



Under the kind support of the Headmistress, the senior students also collected cash donations and purchased two wheel chairs for the needy patients of HOPE Hospital. Philanthropically inclined students personally adopted four students from HOPE informal schools.

Ms. Samreen Nayyar the Headmistress, senior girls section donated cash collected for HOPE Schools.

We would like to extend special thanks to Ms. Ghazala Aijaz, for collaborating with HOPE and being a source of inspiration to the students in this noble cause. Fahims School System assured HOPE of continuing this campaign in the future. The teachers and students of this school enjoyed being a part of the Ramadan campaign.

Sohail Hussain

## Iftar Party At CBM



On Friday, 22nd September 2009, ‘Youth Enhancement Society’ organized an Iftar party at CBM (Institute of Cost and Business Management) for the students of HOPE Home Schools of Bilal Colony.

Dr. Faisal welcomed the students and briefed them about CBM. He discussed and shared information about Y.E.S.

(Youth Enhancement Society) students, who undertake social work for poor and needy students. Around 100 students from the home schools were invited. After the Iftar, Dr. Faisal played some games with a few children and awarded prize money of Rs.100/- to the winners and Rs.50/- to the runners up. The program provided good entertainment for the students of HOPE



Schools, which they greatly appreciated. The “Youth Enhancement Society” students also arranged a dinner for the students and their teachers. At the end of the party group photographs were taken of all HOPE Home Schools students, teachers as well as the participants from Y.E.S.

## Friend of HOPE Ruhail Mohammed

Mr. Ruhail Mohammed completed his BBA (Hons) with a Gold medal in Finance in 1985 and his MBA in 1986 from the renowned Institute of Business Administration, Karachi, Pakistan. From 1986 to 1994 he worked in a number of commercial and finance related jobs with companies in Pakistan, UAE and Switzerland. Ruhail joined Sigma Leasing, a new leasing company as its founder Director and CFO in 1995 and worked for Sigma till 1998.



In 1998, he joined Engro - first with Engro Polymer as their Head of Treasury and then CFO and later moved to Engro Chemical where he is currently CFO, responsible for finance, accounting, taxation, insurance, information systems, procurement and administration. He joined the Engro Chemical Board in 2006 and was re-elected for a second, 3 year term in February 2009. He is also on the Boards of Engro Foods Limited, Engro Energy Limited, Avanceon Limited, Engro PowerGen (Private) Limited and Sigma Leasing Corporation Limited. He is also the Chief Executive of Engro Management Services (Pvt.) Limited.

Mr. Ruhail Muhammad has been very active in various social work projects and has recently joined HOPE as a FRIEND OF HOPE. He is one of the main contributors to the HOPE school Thatta project and contributes to HOPE in various other projects as well.



X Ray machine donated by USA HOPE  
at HOPE Hospital, Zia Colony.

## HOPE for All

As I walked through the doors of the HOPE office, I was filled with mixed feelings of skepticism and excitement. Here I was, thousands of miles from home, not knowing what to expect. As a prospective medical student in America, my sole desire on this trip was to spend as much time as possible working in a hospital, in order to expand my knowledge in the medical field. However, after my first meeting with Dr. Mubina, my plans took a slight detour.

During my next three weeks at HOPE, I visited Home Schools, conducted surveys in Korangi, assisted the doctors at HOPE Hospital and demonstrated the efficiency of PUR in purifying water. This exposure to people disclosed that illiteracy in the masses is the root of all problems



Surveys in Bilal colony disclosed that each family consisted of at least 6-8 persons. Having virtually no educational background they can only procure a meager income as unskilled laborers. This earning barely provides for the months groceries leaving multitude expenses yet to be addressed. There is dire need for educating them on family planning as well as the importance of education.

While at HOPE I learned valuable lessons on humanity. Just treating the patient does not remove the problem until one addresses the malady the patient suffers. At HOPE the personal interaction with the masses; whether patient or student shines out brightly and I think that is the key to the NGO's success. HOPE paves the way not only for children but also the youth and women of the localities towards a brighter future. The Schools and Vocational centers at Zia Colony and Mujahid Colony provide them with opportunities to excel in education as well as learn skills which will facilitate their income.

My internship highlighted several facts about these communities, the foremost being that the lack of education is the root of all problems. It also made me understand the HOPE team of selfless people who reach out to these masses to try to make a difference to their miserable lot.

I deeply appreciate the work carried out at HOPE, and would be keen to help the NGO grow and hopefully be a part of this organization that is trying to better shape the future of those who have nothing but HOPE.

Usma Chata

## Ambulances Needed For Patients

Donation for Transport of Patients  
Suzuki Hi Roof or Toyota Hi Ace

## Dr. Farid Qazi Pioneers The Hope Rickshaw Project



Global financial crises have affected the livelihoods of almost everyone in this, now inter-connected world. The situation is of grave concern in developing countries including Pakistan. The rise in food and every day commodities' prices, coupled with the high fuel prices and approaching global slump has worried the nation collectively.

The economic crisis and rapidly increasing unemployment generates the need to provide alternate sources of income.

The HOPE Rickshaw Project provides CNG Rickshaws to deserving unemployed youths in order to help them facilitate their family income. This project is the brain child of Dr. Farid Qazi, from USA, who had earlier initiated the "Support a Marriage Scheme". One such Rickshaw was provided to Gul Mohammad Khan by Dr. Farid Qazi himself. Gul mohammad lives in a joint family system with a total of ten members under one roof. The young man earned Rs.8000/month, half of which went towards paying the house rent. The remaining amount was never enough to provide sufficiently for his wife, children and aging parents, until he became part of the HOPE Rickshaw Project.

With the kind cooperation of the pioneer of the project, the Rickshaw provided to him helps him to meet his monthly expenses comfortably. Gul Mohammad Khan is elated to have saved Rs 45,000, over a period of 6 months.

HOPE looks forward to other donors to promote this scheme.



## SUMMER 2009 with HOPE

I often visit Pakistan in the summers, but this wasn't the typical vacation. I decided to spend this trip interning at HOPE. I didn't know

what to expect during the first few days of my internship. As a prospective medical student, I came with the intention of working at the HOPE Hospital. However, I was exposed to several different aspects of what the organization does to educate people about healthcare, schooling, and water purification.



During my three weeks at HOPE, I was given the opportunity to visit home schools and conduct surveys in Korangi, work alongside the doctors at HOPE hospital, and also educate the people of these areas about water purification (PUR). Through the field work I realized that many of these people are suffering due to the lack of education and awareness, which hinders their advancement. HOPE aims to make more people care about themselves and their surroundings and create in them a desire to improve their lifestyles.

Education is given no importance in the poor classes, as earning the daily bread is of grave concern. Problems are amplified as each family comprises 8-10 members and the young children have to be employed at a very young age to make two ends meet. HOPE has opened Home Schools in these slum areas so that these children can have a better life than their elders.

Working in the hospital was also an enlightening experience for me as. It was interesting to see how the doctor-patient relationship placed confidence in those who were treated at the hospital. Many young men came for first aid with work-related injuries. It was sad to see these youngsters working in factories, fulfilling family obligations, rather than gaining education.

Interning at HOPE was a great learning experience especially being involved in so many different aspects of these peoples' lives. Through HOPE I would like to continue to work on the educational front towards the betterment of these downtrodden people.

Samiyya Jabir

## Polio Awareness in HOPE School

Rotary Club of Karachi, Cosmopolitan in collaboration with the HOPE School, Zia Colony, arranged an art competition focusing on polio and its eradication. The Polio Awareness program was introduced so as to alert the youngsters of the threats of this crippling disease. During the three day program, doctors used visual aids to emphasise the gravity of suffering of those attacked by the virus. The three day drive proved very effective in sending the message home.



The documentary explained that Poliomyelitis (polio) is a highly infectious disease caused by a virus. It invades the nervous system and destroys nerve cells (motor neurons) which activate muscles. These nerve cells cannot be regenerated and the affected muscles no longer function. The muscles of the legs are affected more often than the arm muscles. The limb becomes floppy and lifeless. Transmission of polio virus is facilitated in countries where sanitation systems are sub-standard. Polio mainly affects children under five years of age.



Enthusiastic young artists who participated in the competition expressed through their paintings, how well they had understood the dangers of the disease. The three best were awarded cash prizes for their excellent efforts.

The awareness program achieved its goal when the following day students of HOPE School were seen bringing their parents with their younger siblings for the administration of polio drops.

Our sincere thanks to Rtn Aarj Kirmani, (President) Rtn. Ashraf Khan Ghosi (General Secretary), Rtn. Ali Akhtar, (Rtn) Shakir Sultan of Rotary Club of Karachi, Cosmopolitan for arranging this awareness drive on polio. Special thanks to Rotary Club of Karachi, Cosmopolitan, for their keen interest in giving incentives to children in building a healthy environment.

Mrs. Aisha Noorani



The HOPE VAN for Ramzan Campaign

## HOPE - Ramadan School Campaign

In the Holy month of Ramzan HOPE started its campaign with different schools in the city to join hands with HOPE to provide Zakat donations, food ration as well as Eid gift hampers for the poor and needy children of HOPE Home Schools.



### The City School PAF-Chapter Senior branch

Ms. Shireen Karamally and the students of PAF Chapter Senior School contributed donations of ration and Eid gifts to the students of HOPE School. The enthusiasm of Ms. Shireen Karamally and her staff infuses a spirit of benevolence in the students.

### The City School PAF - Chapter Junior A section

Headmistress, Ms. Sukiana Mohammad Ali handed over donations in the form of Eid gift hampers for the deserving students of HOPE Schools. The younger children of City School donated- biscuits, toys, stationary, clothes and water bottles as well as Eid gift hampers. This kind of team work creates a sense of responsibility in the younger generation to help the less privileged students of our country.

### Foundation Public School - Senior Branch

Our sincere gratitude to Ms. Rakhshanda Rehman and the students of Foundation Public School for contributing towards painting of the HOPE Secondary School Zia Colony Classrooms.

### Jaffer Public School

Both the senior and junior branches were extremely generous in providing donations in the form of beautifully wrapped gift hampers to the students of HOPE Schools. The students of Jaffer Public School collected toys, biscuits, stationary, clothes and water bottles. We highly appreciate the efforts of Ms. Zeenat Sarhadi, Junior branch and Ms. Mehr Yahya, Senior Branch, Jaffer Public School. Especial thanks to those students who donated towards this noble cause.



### Beconhouse School System - Middle Branch P.E.C.H.S Karachi.

We would like to thank Ms. Adam Khan for the schools contribution of donations and groceries. This school participates every year in the HOPE Ramadan campaign.

### The City School - Prep Girls.

Ms. Noreen Banatwalla, who has recently joined HOPE together with the students enthusiastically donated Eid clothes for the teachers of HOPE Home Schools as well as groceries for the families of the students.

HOPE extends its appreciation to all these schools for their support and looks forward to their continued support.

Sohail Hussain



CTG Machine donated by Aamir Jameel for HOPE Hospital



Eid Gifts Distribution for HOPE Home School Children



Iftaar at Thatta contributed by Shafaath & Family on the occasion of Imaan's Birthday



Ration Distribution in Ramzan



Dr. Naveed Anjum , ENT Surgeon from UAE examining a patient in Thatta, at the ENT camp.

### Supporters of HOPE -USA in Houston

- Ms. Asma Ahmed
- Mr. Anwar Hussain
- Dr. Shahid Mohammed
- Mt. Rafiq Jangda
- Col. Mohsin Rizvi

### Supporters of HOPE-USA- Silicon Valley

- Mr. Shafath Syed
- Mr. Amir Jameel
- Mr. Marwan Majid
- Mr. Ather Siddique

### Adopt a Child

Children studying in HOPE School belong to the low socio - economic class. These children cannot afford to go to school and would otherwise be playing on the street.

HOPE has started a scheme of ADOPT A CHILD where- by the educational needs of a child for one year can be looked after by a volunteer donor. This covers the education expenses of the child, including books, uniform, stationeries, shoes etc. The amount for adopting a primary school child is Rs. 3000 per year while the amount for adopting a secondary or high school child is Rs. 4000 per year.

By donating this amount you can contribute to providing one full year of education for a child. The progress of the child is shared with the donor who has adopted the child.

### Adopt a TB Patient

HOPE is running a TB clinic for tuberculosis patients in Thatta, where tuberculosis drugs are provided to TB patients from the villages around Thatta. The treatment cost of one TB patient is Rs. 5000 per annum. It is requested that people should come forward and adopt TB patients so that a large number of TB patients can be provided TB medicines free of cost.

## New Members of HOPE



Akber Tharani



Usman Khalid

## Helpers of HOPE Committee

- Mr. Saad Amanullah Khan
- Ms. Ismaa Khan
- Ms. Anisa Atif
- Ms. Anisa Rashid
- Ms. Zeba Jawaaid Iqbal
- Mrs. Nilofer Baig
- Ms. Wajida Asad
- Ms. Seema Zuberi
- Mr. Muhammad Ifrahim
- Ms. Samina Haider

## List of Collaborators

1. Embassy of Japan
2. Japanese Women Association
3. The Consulate of Germany
4. UNICEF
5. World Health Organization (WHO)
6. Centre for Disease Control, (CDC), Atlanta (USA)
7. Procter & Gamble, Cincinnati and Pakistan
8. John Hopkins School of Public Health, USA
9. The Asia Foundation
10. Rotary Club of Karachi, Metropolitan
11. Rotary Club of Karachi, Cosmopolitan
12. Rotary Club of Karachi, Continental
13. ARY Cash & Carry
14. Philantropists

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- Barclays Bank
- Procter & Gamble (P&G)
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## Donations

To contribute to these charitable works and to provide quality health and education to the impoverished population, we would like your sincere help and contributions.

### YOU CAN HELP MAKE A DIFFERENCE.....

Your contribution can help educate a child and help make a family healthy

### HOW!

- For just Rs. 4000 educate a child via formal school and support his health for one year.
- For Rs. 3000 educate a child via informal home schools for a year.
- For just Rs. 5000 educate an older child in secondary and high school for one year.
- For Rs. 5000 adopt a hospital bed for one month.
- For Rs. 20,000 higher education of metric students.
- For Rs. 35,000 adopt an informal school for a year.
- For only Rs. 5000 adopt a TB patient for its complete treatment.
- Help with investigation and treatment of poor and needy patients - as much as you can afford.
- Hospital equipment required

Kindly send us your donations payable by cheque / Bank draft in the name of "HOPE"

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Swift Code: ABNAPKKA

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Donations can be made in cash or kind.

(Approved U/S 2 (36) of the Income Tax Ordinance 2001 by the Commissioner of Income Tax.). For further detail please contact us at HOPE Community Center.

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## HOPE MUZAFFARABAD, A.J.K.

Shahnara Mohalla near Makkah Masjid Katchari Road  
Muzaffarabad A.J.K

# HOPE

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